



## CULTURE OF CARE

*"Respecting the dignity and value of every person"*



Provision Center for Proton Therapy has embraced a Culture of Care that extends beyond service and establishes a new standard of excellence for patient care.

### We Listen to You

Please, let us know how we can make your visit as pleasant as possible! Send your suggestions, requests or opinions to:

[welisten@provisionproton.com](mailto:welisten@provisionproton.com)

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## PROTON STORE NOW OPEN!

Welcome to the official Proton Store, where you can buy proton therapy wearables and novelties. We have selected seasonal items that are for both men and women. These items may change over the course of the year, so please come back to see new selections as the year progresses.

10% of all proceeds will benefit the Provision CARES Foundation. A public charity that supports cancer education, wellness, research and survivorship.

Just visit and start shopping now!

<http://provisionproton.com/about-us/store>

## A NOTE SCOTT HAMILTON



I am proud to announce that the Scott Hamilton CARES Initiative has now been changed to the Scott Hamilton CARES Foundation headquartered right here in Knoxville. We are also expanding the cancer alliance. The "A" in CARES. The Provision Center for Proton Therapy is now the first member of the Scott Hamilton Cancer Alliance. We are also planning to add a total of 8 or more not-for-profit cancer centers or proton centers around the United States all connected through the cancer alliance with the mission focused on higher cure rates and improved quality of life for cancer patients around the nation.

"CARES" stands for Cancer Alliance for Research, Education and Survivorship. The Scott Hamilton CARES Foundation will help to fund research focused on improving early detection of cancer and advanced trials with targeted therapies, like proton therapy. It will fund education in the form of simple to understand websites that inform patients and their caregivers about cancer prevention, the various types of treatment options and the expected outcomes. Our 4<sup>th</sup> Angel mentoring program and Caring Plate Initiative will help to support patients as they navigate their journey through survivorship.

*Scott Hamilton*

### SCOTT HAMILTON

**On and off the ice, skating Scott Hamilton shares cancer awareness**

Maggie Jones  
News Sentinel, Dec 2, 2014



After a successful skating career and winning Olympic Gold in 1984, Scott Hamilton is working on and off the ice for a cause that's close to his heart: cancer treatment and awareness.

Hamilton's mother died from cancer in 1977, and 20 years later, he was diagnosed with cancer. "Having lost my mother and survived cancer, there's a lot of mixed emotions there," said Hamilton. "I've got a little bit of survivor's guilt, but I also know that in my mother, you know, when I lost her, I decided to carry her with me every single day in everything that I did. And she was the one that really assured every success I had in skating. I wouldn't have done it without her with me every step of the way."

To raise awareness and funds for treatment of the disease, Scott helps organize, produce and host "Scott Hamilton and Friends on Ice," an ice show where Olympic and World Champion-level skaters perform routines with live music. All proceeds from the show benefit the Provision CARES Foundation and the Scott Hamilton CARES Foundation.

"I started my CARES organization in Cleveland, and we started 15 years ago. It was in my survivorship of cancer that I wanted to make a difference in the cancer community and what better way to do that than an ice show?"

This was the second year the event was held in Knoxville, and the Christian rock band MercyMe performed with the skaters.

*Continued on next page.*

*"Culture of Care" : Respecting the dignity & value of every person*





“We want people to know why they’re there, but we celebrate life. In remembering those who have lost their battle, we are inspired by them to do even better.”

Hamilton’s skating career began because of an illness he had as a child that was undiagnosed for a long time.

“Basically the idea for me to go to the rink one day a week was to give my parents a day off. ...

They were emotionally, physically and spiritually exhausted from everything that I’d gone through as a child,” he said. “Out of that, my health started to improve. Out of that, I started growing again. Out of that, I started to live a normal life. So skating was never going to be something that was on the table, you know, as a past thing, skating was going to be every day, as much as I could to keep me moving forward, and you know, I showed some aptitude.” he said.

“When I look back, the illness I had as a child kept me small, which made me the right size for skating, and my personality was always one where I had to be the center of attention all the time, and that’s kind of perfect for skating.” That combination led Hamilton to not lose a skating competition from October 1980 to March 1984.

Now, in addition to coordinating events to support cancer awareness, he also teaches basic skating skills two to three times a week at a facility in Antioch, Tenn. “I kind of thought I’d never teach. I said, ‘I’ll never be a coach. I’ll never do that.’... As much as I said I’d never want to coach, I’m enjoying it so much that I can’t wait to get to skate school. It’s just a blast.”

And he said his faith has kept him going through everything. “Looking back, I’ve been protected, and I’ve been supported, and I think that’s all thanks to the Lord. ... He’s been faithful in putting me in the right frame of mind and whispering in my ear throughout my life, and so, in gratitude, in faith and trust, I know that the next step I take forward will be protected.

“I look back on my childhood illness, and no one ever diagnosed it. But after I’m married with a child, in 2004, I’m diagnosed with a pituitary brain tumor. Punch line, I was born with it. So I always joke in my speeches that ‘If you live long enough, all questions will be answered.’

“In faith, I have to look at all the times that I’ve been knocked down,” he said. “I’ve been given the strength to get back up, and in skating, you fall down a lot.”



*Scott Hamilton pictured above, visits with Santa at the Provision Employee Christmas Party!*

### CHRISTMAS IN THE CITY

This Holiday season there is more than enough to do and see in Knoxville. Whether you choose to drive around and look at all the “Griswold’s” of Knoxville or attend Knoxville’s Classic holiday events you are sure to have a holly, jolly Christmas doing it! Provision Health Alliance participates in Christmas in the City Festival with our tree top displays and a hosted community event on December 11<sup>th</sup>.

Knoxville’s oldest tradition is the 46<sup>th</sup> Annual Nativity Pageant. The live Christmas story will be held December 13<sup>th</sup>-15<sup>th</sup> at the Knoxville Civic Coliseum presenting over 100 volunteers from the Knoxville community and a 150 member choir as they tell the story of Christ’s birth. Admission is free and open to all ages. Please visit with Hospitality to hear more about this event and other events in the Knoxville area!

*“Culture of Care”* : Respecting the dignity & value of every person



### MONTHLY QUOTE

"Christmas is the season for kindling the fire of hospitality in the hall, the genial flame of charity in the heart."

~Washington Irving



### PROTON POST CONSTRIBUTORS

#### Proton for Kids

**Jenney Jackson**  
Hospitality Coordinator

#### Around Town

**Kristin Coffield**  
Hospitality Coordinator

#### Christmas at Dowell Springs

**Kristin Coffield**  
Hospitality Coordinator

#### Have An Idea for An Article?

Do you have an idea for an article or would you like to contact the Editor?

Email:

[welisten@provisionproton.com](mailto:welisten@provisionproton.com)



**Elizabeth Vanzo**  
Editor

### CHRISTMAS AT DOWELL SPRINGS

L A G D G O H N P F A R R L B  
 Y U R O R P N R Z S Z E D E N  
 B P Z A L F O E U K D E R E C  
 E Z A O M V A A C R D D L R C  
 A V D R I A L G M P K N A T H  
 V U O S E C T E U H H I D S R  
 R T I O A H E R G N T E R A I  
 R O X T Z K T M D T D R A M S  
 N C N N X U L N K O D E Q T T  
 H A H O L L Y J O L L Y S S M  
 S U A L C S R M U T W I Q I A  
 Q C O O K I E S A J O P X R S  
 B W G Q Z X B T D C Q R W H U  
 M N F G O M J C H K D G P C S  
 W C U B F A H F H Q F L E H Z

**CHRISTMAS  
DRFAGUNDES  
DRTAMARA  
MRSCLAUS  
REINDEER**

**CHRISTMASTREE  
DRLADRA  
ELF  
PROTONTHERAPY  
RUDOLPH**

**COOKIES  
DRMEEK  
HOLLYJOLLY  
PROVISION  
SANTACLAUS**



**Kristin Coffield**  
Hospitality Coordinator



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## YOUR CARE TEAM

Directions: Below are 11 questions to ask members of your CARE team throughout your treatment. Your CARE team is made up of people who work together to treat you. They may be people you see every day like the radiation therapists or they can be people like physicists who you may not meet. Ask any staff member to help introduce you to any members of our staff who you do not know!

When you complete the 11 questions, return it to the front desk and you will receive a prize!

1. What was your favorite food when you were a child? \_\_\_\_\_
2. What's your favorite indoor/outdoor activity? \_\_\_\_\_
3. What chore do you absolutely hate doing? \_\_\_\_\_
4. If you could learn to do anything, what would it be? \_\_\_\_\_
5. If you could pick a super power, which one would it be? \_\_\_\_\_
6. If you had to change your first name, what would you change it to? \_\_\_\_\_
7. If you could meet anyone, who would you meet? \_\_\_\_\_
8. If you won the lottery, what is the first thing you would buy? \_\_\_\_\_
9. If you could be an animal, which one would you be? \_\_\_\_\_
10. What is your favorite flavor ice cream? \_\_\_\_\_
11. What was the funniest April's Fool's Joke you ever played on someone? \_\_\_\_\_



### DISTURBING THE PEACE!

Dr. Ladra's day started off as usual until he heard a commotion coming from the hallway. As he peeked out from his office, he saw Bananas the Monkey and Kermit the Frog making a complete mess! They were throwing tissues and tongue depressors in the air and yelling and laughing.

Dr. Ladra asked them why they were behaving badly. Bananas and Kermit told him they were lonely. Dr. Ladra felt so sad for them that he asked if they wanted to stay in his office! The one rule is that they must behave!

Bananas and Kermit hugged Dr. Ladra and he gave them a piggy back ride back to his office!

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